



news letter.

**WELCOME TO
THE
DIRECTOR'S
WEEKLY
NEWSLETTER.
WE ARE SO
GLAD YOU
ARE HERE!**

**Dear Influencer,
Happy to connect with you again!**

GUEST SPEAKER

Grade 2 had the privilege of attending an excellent session by **Ms. Arulpriya**, an environmentalist and founder of Namma Boomi, an eco-friendly venture that promotes **home composting solutions, sustainable alternatives to single-use plastic, and menstrual hygiene awareness.**

The session was highly interactive, with students eagerly sharing their thoughts and inputs. Ms. Arulpriya also connected her talk to the **Sustainable Development Goals (SDGs)**, linking it meaningfully to our current unit of inquiry.

Overall, it was an enriching and informative experience that inspired our learners to think more deeply about caring for the environment and making responsible choices.



FIELD TRIP TO THE ORGANIC FARM – TINDIVANAM

As part of **UOI-1 Who We Are, PYP 4 and 5 learners** explored an **organic permaculture farm in Tindivanam on 22nd August**. The visit nurtured healthy habits, emotional well-being, and a closer bond with nature. **Learners fed animals like cows, pony, goats and camels, planted saplings and enjoyed a guided walk through gardens and orchards**. Rural games and tractor rides added to the energy and fun. Reflective sharing closed the day, **highlighting inquiry, self-management, and meaningful connections to their classroom learning**.



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BOARD GAME



PYP 5 Learners designed and engaged with board games as a creative way to demonstrate their understanding of the factors that influence well-being.

Through these games, they **applied their knowledge of healthy habits, collaborated with peers, and promoted the importance of making balanced lifestyle choices.**

This experience allowed them to connect learning with action by encouraging one another to reflect on and practice positive well-being strategies in an enjoyable and meaningful way.



FIELD TRIP TO HIRA GYM

As part of their ongoing Unit of Inquiry, Who We Are, under the central idea **“Balance in our lives can improve health and well-being ,”** **Grade 3 learners visited Hiranandani Gym, Blue Turtle Clubhouse on 22nd August 2025.** The purpose of this trip was to help learners explore the **importance of physical activity** in maintaining a healthy and balanced lifestyle. At the gym, the students were introduced to **different types of exercises and fitness equipment,** and they learned how each activity supports different parts of the body.

This experience gave learners an opportunity to connect their classroom understanding of balance with real-life practices. They observed how exercise, along with healthy eating, rest, and emotional well-being plays an important role in living a healthy life.

The trip encouraged students to reflect on their own lifestyle choices and think about how they can bring more balance into their daily routines.

Overall, the visit was **engaging, informative, and motivating**. It helped the learners recognize that maintaining a balanced lifestyle is essential not only for physical fitness but also for overall health and well-being.



PYP AND MYP/DP ASSEMBLIES

The Director addressed the students of PYP and MYP/DP separately and shared details about the **Student Council** and gave an overview of the **Student Handbook** for all the grades. The students were reminded about the importance of adhering to the guidelines in the student handbook, **helping students better understand their responsibilities**.



STUDENT HANDBOOK