



WELCOME TO DIRECTOR'S

Weekly Newsletter

we're so glad you're here!



DEAR STUDENT, Health Camp

A Health Camp was conducted at HUS by the medical **professionals of Supreme Hospital**, for the **PYP Children**. This initiative is part of the ongoing Wellbeing Unit, focusing on promoting healthy living and providing valuable health-related information to our students and parent community.

During the camp, students had the opportunity to undergo basic health screenings, including dental and eye check-ups, as well as Body Mass Index (BMI) measurements.



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Theory of Knowledge

TOK EXHIBITION

The Theory of Knowledge (TOK) exhibition is a requirement as part of the International Baccalaureate (IB) Diploma Programme (DP). The exhibition explores how TOK manifests in the real world by connecting three real-world objects to an open-ended knowledge question. The **DP2 students** made riveting presentations showcasing their **critical thinking skills, wider vocabulary**, and the awareness about the interpretative **nature of knowledge** that captivated the audience. I appreciate and thank their **TOK Facilitator Ms. Hanna** for her invaluable guidance and support.

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Caring

SCHOOL ASSEMBLY

The Children of **Grade 5A** led the school assembly this week on the theme **"Caring"**. The assembly was well organised and conveyed the importance of creating an environment where **everyone feels valued and respected**.



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Student Council

UPDATE

The process of formation of Student Council for the academic year 2024-25 has **started**, with several students expressing their interest to contest for the various roles of the council. They are actively involved in campaigning for their roles and the **voting to elect the members will be held on Thursday, August 29**, using the traditional **ballot box** method of voting.

The **Investiture Ceremony**, wherein the elected members will be officially inducted into the Student Council, will be held on **Friday, September 6**.



Field Trip

UNIT ON WELL BEING

The children of **PYP 4 and PYP 5** had a field day in the natural settings at Vayal, a **79 acre of farmland** located in Othivakkam Village on the Vandalur - Kelambakkam Highroad. As part of their unit on wellbeing the students got to have a real life experience of how **nature can be a great promoter of wellbeing**. The teachers who were with the students said at the end of an hectic day that the students were never short of energy and moved from one activity to the other with the same enthusiasm and energy right through the day.

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krishna janmashtami



The **festive spirit** filled the school as the students came in colourful ethnic wear and participated in a variety of **activities to celebrate the festival of Janmashtami**. It was heartening to see that the students exhibited the true spirit of intercultural understanding and respect, which is part of the IB Mission Statement.

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Inter School Competition

SWIMMING



I would like to conclude the newsletter with a happy news of achievement. **Ahimsa from MYP 4** recently participated in an inter-school **swimming competition** in the Chennai region, organized by Lady Andal School and Alice Madras Seva Sadan. He competed in the **Under-16 backstroke event (50 meters)** and won a **silver medal**. I join you in congratulating Ahimsa for his achievement.

As we enter an extended weekend **I wish you a fun filled time with your family and friends.**